



City of Norwich AC's Track and Field Awards 2011

Club Award - performance

U11	Alicia Akinbiyi (girls)	Tyler Blunden (boys)
	<u>Track</u>	<u>Field</u>
U13 Girls	Madison Stubbs	Sienna Sexton
U13 Boys	Ashley Cooper	Daniel Bainbridge
U15 Girls	Laura Johnson	Ellie Blunt
U15 Boys	Ashley Waterson	Ross McLachlan / James Steele
U17 Women	Cleo Stephenson	Gemma Vickery / Gemma Thrower
U17 Men	Tom Hook / Will Smith	Michael Painter
U20 Women	Iona Lake	Laura Green
U20 Men		Callum Brown
Senior Women	Ruth Senior	Jenny Higgins
Senior Men	Rick Ward / Ashley Harrell / Carl Goose	
Masters	Jane Clark / Carole Filer / Julie Zulu / Gordon Slater	

Club Athlete of the Year - heart and soul

Isabelle Chrysafi	Catherine Longe	Sam Forder	Alex Merchant
Alfie Linstead	Miles Doncaster	Megan Soames	Alice Cheverton
Grace Ashworth	Daniel Wong	Bruce Beckett	Kiera Mooney
Mabel Beckett	Natasha Potgieter	Steven Hadley	Scott Greeves
Adam Herring	Jack Strachan	Holly Durbridge	Sophie Poyner
Adam Szucs	James McLachlan	James Senior	Frazer Heasman
Declan Manning	Holly Cooper	Caitlin Bell	Miriam Arbach

Outstanding Achievement - GB or Home Countries vest or gaining a top three Power of 10 ranking

Ashley Cooper	Will Smith	Michael Painter	Holly Durbridge
Callum Brown	Declan Manning	Victoria Mitchell	Iona Lake

Chairman's Award

Alex Lubbock

Team Managers - acknowledgement for doing the hardest job in track and field

Jacqui Green	Dennis Costello	Karen Wilson	Carol Bunn
Lorraine Brown	Jane Clark	Sally Cheverton	David Lubbock
Neil Forder			

Recognition of Volunteers - saying thank you for your commitment

David Pring - for officiating
 Helen Stubbs - for being a new volunteer, committee member, Norfolk Sportshall organiser, club kit
 John Painter - for coaching athletes to first and second in Junior Commonwealth Games
 Sue Pring - for contribution to CoNAC Track and Field, now retiring as our T&F coordinator

Our thanks also go to:

Julie Brand, Sally Hook, Simon Linstead and Graham Mitchell - for organising tonight's Awards Evening