



www.conac.org.uk

Membership Application Form

Please use this application form to join or renew your City of Norwich AC (CoNAC) membership. The minimum age is 8 years. The current membership year runs to 31 March 2011. The next membership year will run from April 2011 - March 2012.

Membership fees for the current year are detailed overleaf.

To apply for membership, please complete this form in **BLOCK LETTERS** and then send it with a stamped self-addressed envelope and a cheque for the appropriate fee payable to **City of Norwich AC** to:

Membership Officer, City of Norwich AC, 163 Shakespeare Way, Taverham, Norwich, NR8 6TZ

FIRST NAME	SURNAME	Title
ADDRESS		

POSTCODE		
Home telephone	Mobile telephone	
E-mail E-mail is used to circulate newsletters and event information.	Date of birth (dd/mm/yyyy) / /	
Contact name & telephone number in case of emergency		
First Claim EA affiliated club if not CoNAC		
Type of membership	New / Renewal*	Senior / Junior / Friend / Second Claim / Higher Claim / Distant**
Fee enclosed	£ 25 / £20 / £17.50 / £15 / £10 / £5 *	*(delete as appropriate)

Declaration: I apply for membership of City of Norwich AC. If accepted, I agree to abide by the club's Code of Conduct and the Rules for Competition as determined by UK Athletics from time to time. I confirm my agreement that the club may use the personal data I am providing on this form for administrative purposes.

Your signature (parent/guardian if under 16)	Today's date
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MEMBERSHIP FEES

1 April 2010 to 31 March 2011

Renewal

The following rates apply to anyone who has previously been a member of CoNAC:

Senior	£25	
Junior	£20	(Under 20 on 31 December 2010)
Friend of CoNAC	£10	(Parent, supporter, etc but not an athlete)

Senior and Junior membership includes compulsory registration to England Athletics (except for under 11s as they are not eligible to register with England Athletics). Second claim members may deduct £5 from the full membership rates.

A distant membership rate of £15 is also available to athletes who live more than 50 miles from the Sportspark and who do not regularly attend coaching sessions. This rate includes EA registration.

New Member

Our membership year runs from 1st April to 31st March and the fee payable for anyone who joins CoNAC for the first time relates to the period in which membership commences as detailed below:

	1 April 2010 to 31 March 2011	1 October 2010 to 31 March 2011	1 January 2011 to 31 March 2011
Senior	£25	£17.50	£10
Junior	£20	£15	£10
Friend of CoNAC	£10	£5	£5

New member rates for Senior and Junior membership includes compulsory registration to England Athletics. Second claim members may deduct £5 from the full membership rates.

A distant membership rate of £15, for an athlete who lives more than 50 miles from the Sportspark and who does not regularly attend coaching sessions, is available throughout the season. This rate includes EA registration. Higher Claim membership is £10 pa.

Membership fees do not include charges made by the Sportspark for entrance and use of their facilities. These are payable direct to the Sportspark and details of current charges are available from the Sportspark reception or their web site www.sportspark.co.uk.

Please visit www.conac.org.uk to view the club's Code of Conduct and for CoNAC road running arrangements at the Sportspark.