



ATHLETICS

FREE

CITY OF NORWICH ATHLETICS CLUB

FREE

SEARCH 4 A STAR

Triple Jump

Long Jump

Discus

Shot Putt

High Jump

NEW TO ATHLETICS??

OR RETURNING??

11yrs olds - Adults

WE WANT YOU!!!

DATE: SATURDAY 11TH APRIL

TIME: 10.00 AM – 2.00 PM

Discus

Hammer

Sprinting

Hurdles

Pole Vault

**VENUE: UEA Sportspark , Norwich
ATHLETICS TRACK**

TO BOOK A PLACE

EMAIL: PAUL EVANS

paul.evans@activenorfolk.org or return booking slip below to:

Paul Evans, Active Norfolk, Turner Road Development Centre, Turner Road, Norwich, NR2 4HB



CITY OF NORWICH ATHLETICS CLUB- SEARCH 4 A STAR



Participants Name					Age	Address:				
Contact Number	1)				2)					
Email										
Please tick events you would like to try (Times may have to be allocated)	Shot	Discus	Triple Jump	High Jump	Long Jump	Sprints	Hurdles	Discus	PoleVault	Hammer
Please State Any Medical Conditions Coaches need to be aware of						Parent/Guardian/ Carer Contact Name if under 16yrs Old				