

The 2nd Guy Fawkes 10k - Friday 8 June 2007

Place	Time	Name	Team	Race Age Category	min/Km		
1	0:32:14	HENNESSY, Andrew	Wells City Harriers	Senior men	03:13.4	298	1
2	0:32:58	LEWIS, Adam	City of Norwich AC	Senior men	03:17.8	211	2
3	0:34:30	DAVISON, Neil	City of Norwich AC	Senior men	03:27.0	167	3
4	0:34:32	LENTON, Tim	Norfolk Gazelles AC	Senior men	03:27.2	170	4
5	0:35:36	MERRYLEES, Chris	North Norfolk Beach Runners	Senior men	03:33.6	149	5
6	0:35:59	GLAYSHER, Stefan	City of Norwich AC	M40-49	03:35.9	239	6
7	0:36:41	LEMMON, Kevin		M40-49	03:40.1	130	7
8	0:36:44	GRAND, Adrian	Norwich Road Runners	M40-49	03:40.4	209	8
9	0:36:48	WHITE, Richard	Wymondham AC	M40-49	03:40.8	188	9
10	0:36:50	BUNN, Andrew	Liverpool Harriers & AC	Senior men	03:41.0	225	10
11	0:36:51	LEDWARD, Dave	Tri-Anglia	Senior men	03:41.1	158	11
12	0:36:52	CARR, Joe		Senior men	03:41.2	161	12
13	0:36:52	BETTS, Mark	Norwich Road Runners	Senior men	03:41.2	191	13
14	0:37:19	GOODRUM, Paul		Senior men	03:43.9	272	14
15	0:37:54	TUTTLE, Peter	City of Norwich AC	M40-49	03:47.4	147	15
16	0:38:02	BLAKE, Richard	Great Yarmouth Road Runners	M50-59	03:48.2	165	16
17	0:38:14	GARRETT, Mark		M40-49	03:49.4	285	17
18	0:38:21	PHILLIPS, Sam	Norfolk Gazelles AC	Senior men	03:50.1	157	18
19	0:38:28	JOHNSON, Pete	Norfolk Gazelles AC	M50-59	03:50.8	248	19
20	0:38:35	BROOKS, Jessica	City of Norwich AC	Senior women	03:51.5	397	20
21	0:38:45	FULTON, John-Patrick	Norwich Road Runners	Senior men	03:52.5	148	21
22	0:38:55	DAVIS, Darryl	City of Norwich AC	Senior men	03:53.5	255	22
23	0:38:56	SULLIVAN, Paul	Norwich Road Runners	M40-49	03:53.6	242	23
24	0:38:58	ROBINSON, David	Ryston Runners AC	M50-59	03:53.8	210	24
25	0:39:04	NELSON, Peter		Senior men	03:54.4	182	25
26	0:39:14	CASELS, Paul	RAF Triathlon	Senior men	03:55.4	240	26
27	0:39:21	RICHARDSON, Glen		Senior men	03:56.1	136	27
28	0:39:28	READER, Jonathan	Coltishall Jaguars	Senior men	03:56.8	126	28
29	0:39:43	GREENLAND, Edward		M40-49	03:58.3	152	29
30	0:39:50	WRIGHT, Alex	UK Net Runners	Senior men	03:59.0	194	30
31	0:39:50	MASON, Shawn	Great Yarmouth & District AC	Senior men	03:59.0	256	31
32	0:39:51	MOORE, John		M40-49	03:59.1	166	32
33	0:40:02	FLANAGAN, Anne	Norwich Road Runners	Senior women	04:00.2	337	33
34	0:40:10	CHAMBERLAIN, Michael	Norwich Road Runners	M40-49	04:01.0	231	34
35	0:40:13	YEOMANS, Martin	Norwich Road Runners	M50-59	04:01.3	243	35
36	0:40:23	BONNICI, Jimmy		M40-49	04:02.3	162	36
37	0:40:26	PRESTON, Adrian	Wymondham AC	M40-49	04:02.6	169	37
38	0:40:30	RAYNER, Bruce	Bungay Black Dog RC	M40-49	04:03.0	202	38
39	0:40:34	ELDRIDGE, Darren	Coltishall Jaguars	Senior men	04:03.4	219	39
40	0:40:38	DUNGAR, Amy	City of Norwich AC	Senior women	04:03.8	340	40
41	0:40:45	HAINES, Kieron	Norwich Road Runners	M50-59	04:04.5	247	41
42	0:40:46	KNIGHTS, Neville	Dereham Runners AC	M40-49	04:04.6	253	42
43	0:40:49	WIGHTMAN, Paul	Wymondham AC	M40-49	04:04.9	265	43
44	0:40:50	VAN MINDEN, Nils	Norwich Road Runners	Senior men	04:05.0	235	44
45	0:40:51	BATUR, Diane		Senior women	04:05.1	343	45
46	0:40:53	MOORE, Ian	Norwich Road Runners	M40-49	04:05.3	289	46
47	0:41:00	ELLIS, Vince	City of Norwich AC	M50-59	04:06.0	195	47
48	0:41:04	BROWNING, Colin	Norwich Road Runners	M40-49	04:06.4	233	48
49	0:41:22	CHORLEY, Chris	Bungay Black Dog RC	M40-49	04:08.2	293	49
50	0:41:26	THOMPSON, Peter	Norfolk Gazelles AC	M50-59	04:08.6	184	50
51	0:41:27	HAYES, Jim	North Norfolk Beach Runners	M60+	04:08.7	295	51
52	0:41:33	BATES, Steve	Coltishall Jaguars	Senior men	04:09.3	175	52
53	0:41:37	BRANNAN, Terry	Wymondham AC	M60+	04:09.7	193	53
54	0:41:40	CLUES, Mark	Tri-Anglia	Senior men	04:10.0	153	54
55	0:41:53	ROBINSON, Paul	Charnwood AC	Senior men	04:11.3	179	55
56	0:42:04	EDWARDS, Mark	Norwich Road Runners	M40-49	04:12.4	218	56
57	0:42:44	PHILO, Mark	Tri-Anglia	Senior men	04:16.4	288	57
58	0:42:53	FIRMAGE, Paul	Ryston Runners AC	M50-59	04:17.3	172	58
59	0:42:54	DADY, Stephen		M50-59	04:17.4	222	59
60	0:43:03	BONE, John	Great Yarmouth Road Runners	M60+	04:18.3	151	60
61	0:43:13	WICKHAM, Matthew		Senior men	04:19.3	278	61
62	0:43:17	POTTER-CAMPBELL, Emma	Dereham Runners AC	Senior women	04:19.7	359	62
63	0:43:19	COLEMAN, Jamie	North Norfolk Beach Runners	Senior men	04:19.9	159	63
64	0:43:20	MORTON, Tim		M40-49	04:20.0	143	64
65	0:43:27	SMITH, Matt		Senior men	04:20.7	150	65
66	0:43:29	APPLEBY, Louise	Charnwood AC	Senior women	04:20.9	372	66
67	0:43:31	MCARDLE, Paul		Senior men	04:21.1	125	67
68	0:43:33	DENNINGTON, Paul		M40-49	04:21.3	145	68
69	0:43:34	CARVER, Dawn	Norwich Road Runners	W40-49	04:21.4	311	69
70	0:43:38	FRARY, Matthew		Senior men	04:21.8	140	70
71	0:43:39	WOODS, Tim		M40-49	04:21.9	227	71
72	0:43:42	SARGEANT, Richard	Tri-Anglia	Senior men	04:22.2	168	72
73	0:43:46	BRIGHTY, Joshua	Norwich Road Runners	Senior men	04:22.6	200	73
74	0:43:51	BRADLEY, Alan	Norwich Road Runners	M40-49	04:23.1	250	74
75	0:43:55	MARTIN, Paul		Senior men	04:23.5	203	75
76	0:43:58	BRIGHTY, Keith	Norwich Road Runners	M40-49	04:23.8	199	76

77	0:44:09	WOODRUFF, Glenn		Senior men	04:24.9	155	77
78	0:44:11	LINES, Robert	Tri-Anglia	Senior men	04:25.1	132	78
79	0:44:13	BYE, Barry	Ryston Runners AC	M50-59	04:25.3	249	79
80	0:44:20	DENNISON, Tricia	St Edmund Pacers	W40-49	04:26.0	329	80
81	0:44:22	SMITH, Alexandra	Norwich Road Runners	Senior women	04:26.2	351	81
82	0:44:28	THOULESS, Gavin	Norwich Road Runners	Senior men	04:26.8	299	82
83	0:44:36	GORDON-GRAY, Anthony	Norfolk Gazelles AC	M50-59	04:27.6	176	83
84	0:44:38	SINCLAIR, Nigel		Senior men	04:27.8	217	84
85	0:44:42	EMERY, Trevor	North Norfolk Beach Runners	M50-59	04:28.2	214	85
86	0:44:47	MONEY, Tony		Senior men	04:28.7	134	86
87	0:44:53	VOGLER, Clem	Dereham Runners AC	M60+	04:29.3	186	87
88	0:44:57	GRAND, Gary		M40-49	04:29.7	273	88
89	0:44:58	GEE, Kevin	Norwich Road Runners	M40-49	04:29.8	291	89
90	0:45:02	BROOKSHAW, Paul	Great Yarmouth Road Runners	M40-49	04:30.2	294	90
91	0:45:15	WILSON, Robin	Bungay Black Dog RC	M50-59	04:31.5	201	91
92	0:45:18	POWLES, Kevin		Senior men	04:31.8	287	92
93	0:45:28	MILLETT, Tony	Norwich Road Runners	M50-59	04:32.8	141	93
94	0:45:42	GIRLING, Stephen		M40-49	04:34.2	262	94
95	0:45:44	HAYWARD, Geoff	North Norfolk Beach Runners	M60+	04:34.4	187	95
96	0:45:47	MILLETT, Anne	Norwich Road Runners	W50-59	04:34.7	362	96
97	0:45:49	JONES, Howard		M40-49	04:34.9	173	97
98	0:45:51	ENTICKNAP, Andrew		Senior men	04:35.1	284	98
99	0:45:51	TUFTS, Mark		Senior men	04:35.1	156	99
100	0:45:52	ROOKYARD, Denise	City of Norwich AC	Senior women	04:35.2	394	100
101	0:46:15	HARRISON, Paul	Dereham Runners AC	M50-59	04:37.5	205	101
102	0:46:31	MCCULLAM, Don		Senior men	04:39.1	257	102
103	0:46:32	HORREX, Trevor	Norwich Road Runners	M40-49	04:39.2	230	103
104	0:46:41	DAVIES, Kate	West Norfolk AC	Senior women	04:40.1	393	104
105	0:46:46	MANLY, Veronica	Wymondham AC	W50-59	04:40.6	308	105
106	0:47:07	TYLER, Tim	Norwich Road Runners	M50-59	04:42.7	290	106
107	0:47:14	HAMMOND, Andrew		M50-59	04:43.4	220	107
108	0:47:22	ELFLETT, Mark	Lowestoft Road Runners	M40-49	04:44.2	185	108
109	0:47:24	FRETWELL, Andrew	Waveney Valley AC	M40-49	04:44.4	183	109
110	0:47:25	ETHERINGTON, Stephen	Great Yarmouth Road Runners	M40-49	04:44.5	197	110
111	0:47:29	GAY, Christopher	Great Yarmouth & District AC	M40-49	04:44.9	198	111
112	0:47:34	DUNN, Alexander		Senior men	04:45.4	133	112
113	0:47:37	LUNGERMUSS-WARD, Nigel	Lowestoft Road Runners	Senior men	04:45.7	164	113
114	0:47:40	ENGLAND, John	Great Yarmouth & District AC	M50-59	04:46.0	213	114
115	0:47:45	OSBORNE, Andrea	North Norfolk Beach Runners	W50-59	04:46.5	309	115
116	0:47:56	VERNEY, Andrew	Tri-Anglia	M40-49	04:47.6	137	116
117	0:47:59	SKIGGS, Andrew		Senior men	04:47.9	163	117
118	0:48:01	CAMPBELL, Rory	Dereham Runners AC	M40-49	04:48.1	142	118
119	0:48:02	STEVENS, Tracy		Senior women	04:48.2	330	119
120	0:48:06	JORDAN, Catherine	Norfolk Gazelles AC	W50-59	04:48.6	334	120
121	0:48:08	DEVLIN, Lee		Senior men	04:48.8	277	121
122	0:48:13	CATCHPOLE, Zoe	Tri-Anglia	Senior women	04:49.3	398	122
123	0:48:15	STEBBINGS, Robin	Wymondham AC	M50-59	04:49.5	129	123
124	0:48:23	MAWER, Roger		M60+	04:50.3	160	124
125	0:48:30	COLMAN, Mark		Senior men	04:51.0	216	125
126	0:48:30	CURRAN, Kevin		M40-49	04:51.0	271	126
127	0:48:38	EVE, Christopher		Senior men	04:51.8	138	127
128	0:48:43	MANNING, Karen	Great Yarmouth Road Runners	Senior women	04:52.3	302	128
129	0:49:09	WARD, Beres		W50-59	04:54.9	381	129
130	0:49:12	SPONG, Carole	Great Yarmouth Road Runners	W60+	04:55.2	346	130
131	0:49:19	LAWRENCER, Dean		Senior men	04:55.9	279	131
132	0:49:19	JONES, Eurwyn	Norfolk Gazelles AC	M40-49	04:55.9	196	132
133	0:49:34	SARGEANT, Sarah	Tri-Anglia	Senior women	04:57.4	388	133
134	0:49:36	JARVIS, Ian		M40-49	04:57.6	258	134
135	0:49:40	CRUTCHLEY, Ian	Wymondham AC	M40-49	04:58.0	241	135
136	0:49:42	WOODHOUSE, Gill	Dereham Runners AC	W50-59	04:58.2	306	136
137	0:49:52	RICHARDSON, John	Dereham Runners AC	M50-59	04:59.2	261	137
138	0:49:53	STACEY, Adam		Senior men	04:59.3	259	138
139	0:50:00	FULTON, Mandy	Norwich Road Runners	Senior women	05:00.0	339	139
140	0:50:28	BRADLEY, Sarah	Norwich Road Runners	W40-49	05:02.8	347	140
141	0:50:35	POOLE, Carolyn	Norfolk Gazelles AC	W50-59	05:03.5	387	141
142	0:50:36	NIELD, Santiago		Senior men	05:03.6	237	142
143	0:50:46	WEEKS, David		M40-49	05:04.6	139	143
144	0:50:50	SALMON, David	Norwich Road Runners	M40-49	05:05.0	292	144
145	0:50:56	SAUERZAPF, Bobbie	Bungay Black Dog RC	W40-49	05:05.6	310	145
146	0:51:24	STEWART, David		M40-49	05:08.4	232	146
147	0:51:30	GIRLING, David		M40-49	05:09.0	206	147
148	0:51:33	HARDIMAN, Mark	Tri-Anglia	M40-49	05:09.3	174	148
149	0:51:34	HOWITT, Phillip	Tri-Anglia	M40-49	05:09.4	146	149
150	0:51:36	DENNIS, Michael	Dereham Runners AC	M40-49	05:09.6	228	150
151	0:51:38	OWEN, Stacey	Thetford AC	Senior women	05:09.8	328	151
152	0:51:40	TODD, Ian	West Norfolk AC	M40-49	05:10.0	224	152
153	0:51:43	SMITH, Corrina	Thetford AC	W40-49	05:10.3	323	153
154	0:52:19	RENSHAW, Kenneth	Dereham Runners AC	M40-49	05:13.9	177	154
155	0:52:25	MOORE, Brian	Norwich Road Runners	M50-59	05:14.5	221	155
156	0:52:29	COPELAND, Jill	Norwich Road Runners	W40-49	05:14.9	345	156
157	0:52:32	MACKINDER, Steve		M40-49	05:15.2	229	157

158	0:52:37	BRADLEY, Laura	Norwich Road Runners	Senior women	05:15.7	348	158
159	0:52:38	SLADE, Tracy	Norwich Road Runners	W40-49	05:15.8	326	159
160	0:52:44	KELLY, Hannah		Senior women	05:16.4	382	160
161	0:52:45	SAINES, Rob	North Norfolk Beach Runners	M60+	05:16.5	192	161
162	0:52:48	COOPER, Kathryn		Senior women	05:16.8	355	162
163	0:53:11	HOWLELL, Leanne		Senior women	05:19.1	364	163
164	0:53:15	DADY, Sylvia		Senior women	05:19.5	352	164
165	0:53:17	WRIGHT, Vikki		Senior women	05:19.7	375	165
166	0:53:20	KINCH, Brenda	North Norfolk Beach Runners	W60+	05:20.0	360	166
167	0:53:20	LAIN, Vivienne		W40-49	05:20.0	369	167
168	0:53:21	LANGTON, Chris		M40-49	05:20.1	189	168
169	0:53:25	LEONARD, Sarah	Dereham Runners AC	Senior women	05:20.5	336	169
170	0:53:29	ROSE, Dan		Senior men	05:20.9	131	170
171	0:53:34	BAILEY, Margaret	Wymondham AC	W50-59	05:21.4	371	171
172	0:53:36	MIDDLETON, Charlie	Norfolk Gazelles AC	M40-49	05:21.6	260	172
173	0:53:47	COAD, Alison		W40-49	05:22.7	322	173
174	0:53:48	KINSELLA, Nigel	Thetford AC	M40-49	05:22.8	236	174
175	0:53:50	ARDEN, Jeff		M40-49	05:23.0	208	175
176	0:54:19	CHAPMAN, Louise	Norwich Road Runners	Senior women	05:25.9	305	176
177	0:54:20	SIMPSON, Dennis	Norwich Road Runners	M40-49	05:26.0	274	177
178	0:54:23	TURNER, Louisa		Senior women	05:26.3	319	178
179	0:54:23	WOOD, Sarah		Senior women	05:26.3	318	179
180	0:54:41	ITHELL, Mark	Dereham Runners AC	Senior men	05:28.1	283	180
181	0:54:58	MAYNE, Jenny	City of Norwich AC	W40-49	05:29.8	354	181
182	0:55:01	MCNICOL, Rebekah	Thetford AC	W40-49	05:30.1	333	182
183	0:55:10	WADE, Marie		Senior women	05:31.0	316	183
184	0:55:11	HOBBS, David	Ryston Runners AC	M60+	05:31.1	178	184
185	0:55:18	NEAVE, Marianne	Norfolk Gazelles AC	Senior women	05:31.8	361	185
186	0:55:57	JACKMAN, Kelly	Norwich Road Runners	Senior women	05:35.7	331	186
187	0:56:05	SQUIRES, Fran		W40-49	05:36.5	379	187
188	0:56:08	OLIVER, Lesley		W60+	05:36.8	396	188
189	0:56:09	WEST, Imogen		W40-49	05:36.9	366	189
190	0:56:13	HOLLAND, Alan	Wymondham AC	M50-59	05:37.3	144	190
191	0:56:14	ASHTON, Robert	Wymondham AC	M50-59	05:37.4	181	191
192	0:56:15	NEAVE, Philip	Bungay Black Dog RC	M50-59	05:37.5	254	192
193	0:56:17	GOVER, Julie		W40-49	05:37.7	325	193
194	0:56:42	HAWKSHAW, Christine		W40-49	05:40.2	389	194
195	0:57:05	GERRARD, Hayley	Norfolk Gazelles AC	Senior women	05:42.5	342	195
196	0:57:20	KNOWLES, Peter		M50-59	05:44.0	244	196
197	0:57:29	MOORE, Lynda	Norwich Road Runners	W50-59	05:44.9	353	197
198	0:57:29	EASTER, Christine		Senior women	05:44.9	390	198
199	0:57:41	HALLAM, Diane		W40-49	05:46.1	374	199
200	0:57:44	WRIGHT, Jackie		W40-49	05:46.4	377	200
201	0:57:54	PERRY, Lucy	Wymondham AC	W40-49	05:47.4	312	201
202	0:57:57	BURFOOT, Jennifer	Norfolk Gazelles AC	W50-59	05:47.7	384	202
203	0:58:04	FARRAR, Anna		W40-49	05:48.4	386	203
204	0:58:05	WILD, Nicola		W40-49	05:48.5	385	204
205	0:58:15	SEAWARD, Nigel	Bunwell Strollers	M40-49	05:49.5	154	205
206	0:58:15	ABBS, Darren		Senior men	05:49.5	135	206
207	0:58:24	FAIRCHILD, Christine		Senior women	05:50.4	344	207
208	0:58:30	ABBS, Chris		Senior men	05:51.0	263	208
209	0:58:47	GARRETT, Julie	Norwich Road Runners	Senior women	05:52.7	304	209
210	0:59:13	BECKHAM, Mark		Senior men	05:55.3	281	210
211	0:59:28	DIX, Karren	Norfolk Gazelles AC	W40-49	05:56.8	383	211
212	0:59:30	ENGLAND, Maureen	Great Yarmouth & District AC	W60+	05:57.0	356	212
213	0:59:50	THOULESS, Colin	Norwich Road Runners	M60+	05:59.0	300	213
214	0:59:52	HARRISON, Peter	Great Yarmouth Road Runners	M60+	05:59.2	267	214
215	0:59:56	ROGERS, Rosie	Norfolk Gazelles AC	W40-49	05:59.6	368	215
216	1:00:14	KINCH, Graham	North Norfolk Beach Runners	M60+	06:01.4	207	216
217	1:00:52	PROTHEROE, Sallyann		W40-49	06:05.2	395	217
218	1:01:14	BAILLIE-LANE, Clara		Senior women	06:07.4	392	218
219	1:01:32	COULTON, John		Senior men	06:09.2	212	219
220	1:01:34	ROBINSON, James		Senior men	06:09.4	180	220
221	1:01:51	LOVELESS, JOHN		M60+	06:11.1	204	221
222	1:02:30	BURLEY, Rachel		Senior women	06:15.0	332	222
223	1:02:30	BURLEY, Richard		Senior men	06:15.0	270	223
224	1:02:48	EVANS, Rob	Tri-Anglia	Senior men	06:16.8	128	224
225	1:02:49	MCCARTHY, Trish	City of Norwich AC	Senior women	06:16.9	370	225
226	1:04:09	FLATMAN, Katie		Senior women	06:24.9	391	226
227	1:04:14	JACKSON, Ynonne		W40-49	06:25.4	303	227
228	1:04:19	BAGGALEY, Libby		Senior women	06:25.9	321	228
229	1:04:26	ATKINSON, Sue	Norfolk Gazelles AC	W60+	06:26.6	363	229
230	1:04:35	DAVIS, Connie		W40-49	06:27.5	373	230
231	1:04:35	KIRK, Rachel		W40-49	06:27.5	378	231
232	1:04:35	KERR, Marion		W50-59	06:27.5	376	232
233	1:04:38	SULLIVAN, Genette	Norwich Road Runners	W40-49	06:27.8	350	233
234	1:04:42	BURFOOT, Roy	Norfolk Gazelles AC	M50-59	06:28.2	171	234
235	1:05:30	LOVELESS, Pamela		W60+	06:33.0	365	235
236	1:06:31	RENSHAW, Diane	Dereham Runners AC	W40-49	06:39.1	380	236
237	1:06:33	HAGGARTY, Elaine	Great Yarmouth & District AC	W50-59	06:39.3	367	237
238	1:07:01	MILLER, Louis		M60+	06:42.1	190	238

239	1:07:16	READER, Frank	Norwich Road Runners	M60+	06:43.6	127	239
240	1:07:18	LEE, Anne	Reepham Runners	W50-59	06:43.8	335	240
241	1:07:19	LEE, John	Reepham Runners	M50-59	06:43.9	269	241
242	1:07:51	SPONG, Albert	Great Yarmouth Road Runners	M60+	06:47.1	252	242
243	1:09:40	ROGERS, Rachel		Senior women	06:58.0	313	243

There were 243 finishers in the All Competitors category.

Read all about East Anglia's finest at www.conac.org.uk

RaceMaster98 from Sport Systems +44(0)20 8399 1773 www.sportsystems.co.uk Webresults on www.runnerswebuk.com

Results produced by City of Norwich AC. Printed by City of Norwich AC on 8 June 2007

Page 5 of 5