

2007 Race4EACH Individual Results

Position	Name	Club	Race Number	Category	Time	Categ Position	Gender Position
1	Adam Thomas	City of Norwich AC	3229	MSnr	00:16:09	1	1
2	Thomas Francis	Thetford AC	3142	MSnr	00:18:01	2	2
3	Claire Pring	City Of Norwich AC	3131	FSnr	00:18:26	1	1
4	Glen Richardson		3216	MSnr	00:18:40	3	3
5	John-Patrick Fulton	Norwich Road Runners	3082	MSnr	00:18:57	4	4
6	Jessica Brooks	City Of Norwich AC	3230	FSnr	00:19:01	2	2
7	Mark Haynes	Coltishall Jaguars	3155	MSnr	00:19:18	5	5
8	Gary Howe	Thetford AC	3195	MSnr	00:19:28	6	6
9	Darren Edridge	Coltishall Jaguars	3077	MSnr	00:19:47	7	7
10	Stefan John Rider	Norwich Road Runners	3121	MSnr	00:20:01	8	8
11	Steve Bates		3134	MSnr	00:20:23	9	9
12	Kevin Hardingham	Norfolk Gazelles	3133	MV45	00:20:28	1	10
13	Brett Johnstone		3153	MSnr	00:20:37	10	11
14	Nick Smith		3060	MSnr	00:20:40	11	12
15	Simon Eisenmann		3227	MV40	00:20:45	1	13
16	Dominic Hazell		3213	MSnr	00:20:50	12	14
17	Andy Salmon		3234	MV40	00:21:02	2	15
18	Graham Hardingham	Norfolk Gazelles	3128	MV45	00:21:08	2	16
19	Elizabeth Allen		3138	FSnr	00:21:08	3	3
20	Matt Howard		3117	MSnr	00:21:09	13	17
21	Jeremy Hazell		3212	MV45	00:21:17	3	18
22	James Clark		3208	MSnr	00:21:18	14	19
23	Esmé Salmon	City Of Norwich AC	3233	FSnr	00:21:22	4	4
24	Joseph Kirton	Thetford AC	3040	MSnr	00:21:24	15	20
25	Rhys Tyler		3193	MSnr	00:21:27	16	21
26	Hazel Wilson	City Of Norwich AC	3235	FSnr	00:21:32	5	5
27	Rachel Mary Bull		3087	FSnr	00:21:34	6	6
28	Jane Osborne		3084	FV40	00:21:37	1	7
29	Lucy Tyler	Thetford AC	3194	FSnr	00:21:59	7	8
30	Holly Joy Cooper	City Of Norwich AC	3020	FSnr	00:22:36	8	9
31	Ian Gooderham	Saint Edmund Pacers	3078	MV40	00:22:38	3	22
32	Emily Jane Hannant	Coltishall Jaguars	3139	FSnr	00:22:51	9	10
33	Marcus Boast		3171	MSnr	00:22:52	17	23
34	Stephen Church		3080	MV45	00:22:55	4	24
35	Iain Sheriffs		3079	MSnr	00:23:09	18	25
36	Samuel Hobdell		3035	MSnr	00:23:46	19	26

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Position	Name	Club	Race Number	Category	Time	Categ Position	Gender Position
37	Kate Davies	West Norfolk Club	3094	FSnr	00:23:50	10	11
38	David Hutcheon	Coltishall Jaguars	3130	MV60	00:24:03	1	27
39	Veronica Manly	Wmondham AC	3156	FV55	00:24:04	1	12
40	Gene Bolingbroke		3114	MV40	00:24:09	4	28
41	Sarah Mcdevitt		3001	FSnr	00:24:19	11	13
42	Tony Tyler	Thetford AC	3192	MV45	00:24:31	5	29
43	Brenda Hutcheon	Coltishall Jaguars	3129	FV55	00:24:41	2	14
44	James Garrod		3207	MSnr	00:24:45	20	30
45	Mark Garrod	Harborough AC	3205	MSnr	00:24:46	21	31
46	Shaun Brian Wentworth		3111	MV40	00:24:47	5	32
47	Tom Griffiths		3137	MSnr	00:25:02	22	33
48	Anne Ellen	Norfolk Gazelles	3101	FV50	00:25:04	1	15
49	Phoebe Ballantyne-hall		3123	FSnr	00:25:10	12	16
50	David Nicholas Raggett		3053	MV40	00:25:11	6	34
51	Trudy Deacon	Wmondham AC	3106	FV50	00:25:17	2	17
52	Basil Crisp	Norfolk Gazelles	3012	MV55	00:25:23	1	35
53	Tim Shattock		3110	MSnr	00:25:27	23	36
54	Barry Palmer	Diss AC	3197	MV40	00:25:34	7	37
55	Roland Lawrence Bewick		3075	MV50	00:25:39	1	38
56	Paul Budd		3059	MSnr	00:25:53	24	39
57	Barry Hall		3162	MV45	00:25:54	6	40
58	Damien Humphrey		3231	MSnr	00:25:57	25	41
59	Giles Robinson		3219	MSnr	00:26:01	26	42
60	Andrew Philip		3009	MV40	00:26:04	8	43
61	Dawn Crane	Coltishall Jaguars	3200	FSnr	00:26:04	13	18
62	Zoe Garrod	Harborough AC	3206	FSnr	00:26:04	14	19
63	Stuart Johnson		3158	MSnr	00:26:07	27	44
64	Jane Bezant		3086	FV45	00:26:08	1	20
65	Nathan Polley		3159	MSnr	00:26:08	28	45
66	Trevor Griffiths		3135	MV50	00:26:12	2	46
67	Yasmin Robinson		3039	FSnr	00:26:13	15	21
68	Graham Coleman	Wymondham AC	3076	MV45	00:26:14	7	47
69	Jane Rebecca Smith		3125	FSnr	00:26:15	16	22
70	Sarah Henman		3057	FSnr	00:26:16	17	23
71	Phil Hewitt		3091	MV50	00:26:30	3	48
72	James Humphreys		3247	MSnr	00:26:42	29	49

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Position	Name	Club	Race Number	Category	Time	Categ Position	Gender Position
73	Ellie Morton	Bungay Black Dog RC	3191	FSnr	00:26:47	18	24
74	Andoni Toms		3240	MV40	00:27:07	9	50
75	Ken Hurst		3002	MV60	00:27:26	2	51
76	Iain Brown		3011	MSnr	00:27:26	30	52
77	Becky Durant	Coltishall Jaguars	3228	FV55	00:27:27	3	25
78	Michael Crawford		3241	MSnr	00:27:30	31	53
79	Paul Minns		3202	MV40	00:27:31	10	54
80	Jennifer Burfoot	Norfolk Gazelles	3225	FV55	00:27:34	4	26
81	Laura Battrick		3118	FSnr	00:27:35	19	27
82	Jonathan Brown		3112	MSnr	00:27:42	32	55
83	Laura Jane Davies		3164	FSnr	00:27:42	20	28
84	Jo Palmer	Diss AC	3196	FSnr	00:27:43	21	29
85	Gerry Walder		3151	MV60	00:27:47	3	56
86	James Thomas Stevenson		3105	MSnr	00:28:04	33	57
87	Shirley Wilcock	Coltishall Jaguars	3168	FV45	00:28:11	2	30
88	John McCourt		3226	MV45	00:28:15	8	58
89	Philip Neave	Bungay Black Dog RC	3051	MV55	00:28:16	2	59
90	Wendy Vickers		3021	FV40	00:28:17	2	31
91	Nigel Claxton		3064	MV50	00:28:30	4	60
92	Helen Johnson		3103	FSnr	00:28:32	22	32
93	Alison Greenacre		3148	FSnr	00:28:33	23	33
94	James Smith		3061	MSnr	00:28:36	34	61
95	Gemma Blyth		3041	FSnr	00:28:41	24	34
96	Malcolm Parsons		3018	MV55	00:28:55	3	62
97	Imant Ladusans		3172	MV50	00:28:57	5	63
98	Liz Heath		3043	FV50	00:29:00	3	35
99	Joanne Lucy Edwards		3122	FSnr	00:29:00	25	36
100	Laura Cook	Norwich Road Runners	3032	FSnr	00:29:03	26	37
101	Lisa Braat	Lowestoft Road Runners	3066	FSnr	00:29:06	27	38
102	Julia Hetheron		3102	FSnr	00:29:09	28	39
103	David Horncastle		3067	MSnr	00:29:14	35	64
104	Vanessa Heeps		3104	FSnr	00:29:14	29	40
105	Janet Higgins		3013	FV45	00:29:20	3	41
106	Christopher Daniel Chapman		3046	MSnr	00:29:22	36	65
107	Neil Cooper		3028	MV40	00:29:38	11	66
108	Robert Dowe		3180	MV40	00:29:40	12	67

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Position	Name	Club	Race Number	Category	Time	Categ Position	Gender Position
109	Sue Cooper		3029	FV45	00:29:46	4	42
110	Lucy-Nicola Wright	Wmondham AC	3246	FSnr	00:29:53	30	43
111	Hannah Jenness		3169	FSnr	00:30:03	31	44
112	Stephanie Powlitch		3120	FSnr	00:30:05	32	45
113	Rachel Waddison		3166	FSnr	00:30:08	33	46
114	Linda Ann Farrow	Norfolk Gazelles	3154	FV60	00:30:25	1	47
115	Dann Minns		3204	MSnr	00:30:27	37	68
116	Aisha Holmes	City Of Norwich AC	3221	FSnr	00:30:27	34	48
117	Nigel Miller		3224	MV40	00:30:28	13	69
118	Louise Chapman		3223	FSnr	00:30:29	35	49
119	Spencer Holmes	City of Norwich AC	3222	MV40	00:30:30	14	70
120	Nichola Jessop		3063	FSnr	00:30:35	36	50
121	Tom Marshall		3218	MSnr	00:30:36	38	71
122	Janette Palmer		3092	FV40	00:30:38	3	51
123	Maggie Forrest		3136	FV45	00:30:42	5	52
124	Stuart Dunthorne		3185	MSnr	00:30:45	39	72
125	Rayhaan Rahaman		3198	MSnr	00:30:50	40	73
126	Matt Edwards		3054	MSnr	00:30:51	41	74
127	Charles Fenech		3071	MV60	00:30:51	4	75
128	Anna-Marie High		3141	FSnr	00:30:55	37	53
129	Alison Coad		3217	FV45	00:30:55	6	54
130	Jenni Egmore	Reepham Runners	3083	FV40	00:31:02	4	55
131	Steve Bradley		3254	MSnr	00:31:16	42	76
132	Melanie Budd		3058	FV45	00:31:27	7	56
133	Karen Waters	Bungay Black Dog RC	3093	FSnr	00:31:28	38	57
134	Juliette Johnston		3124	FV40	00:31:41	5	58
135	Tina-Marie Shearing		3126	FV40	00:31:48	6	59
136	Jennifer Higgins	City Of Norwich AC	3014	FSnr	00:31:50	39	60
137	Lorraine Ashley Tweedy		3019	FV40	00:31:51	7	61
138	Genna Louise Smith	Lowestoft Road Runners	3140	FSnr	00:31:53	40	62
139	Jeanette Polley	City Of Norwich AC	3160	FV45	00:31:53	8	63
140	Michelle Polley		3157	FSnr	00:31:54	41	64
141	Kerry Freeman		3244	FSnr	00:31:54	42	65
142	Debbie Galanti		3203	FSnr	00:31:55	43	66
143	Anne Clark	City Of Norwich AC	3170	FV45	00:31:56	9	67
144	Kelly Douglas-Parsons		3015	FSnr	00:32:07	44	68

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Position	Name	Club	Race Number	Category	Time	Categ Position	Gender Position
145	Catherine Tooley		3242	FV40	00:32:11	8	69
146	Denise Mary Etherington	Great Yarmouth Road Runners	3047	FV45	00:32:12	10	70
147	Mark Bird		3081	MSnr	00:32:12	43	77
148	Heather Hipson		3178	FSnr	00:32:15	45	71
149	Katy James	Bungay Black Dog RC	3209	FV60	00:32:16	2	72
150	Leonie Farrow		3034	FSnr	00:32:32	46	73
151	Hannah Weinstein		3023	FV45	00:33:03	11	74
152	Christine Shelley	City Of Norwich AC	3161	FV40	00:33:03	9	75
153	Jayne Goodwill		3243	FV45	00:33:08	12	76
154	Andy Rodwell		3179	MSnr	00:33:17	44	78
155	Emma Burley		3069	FSnr	00:33:27	47	77
156	Sally Sizeland		3150	FV50	00:33:27	4	78
157	David James Smith		3181	MSnr	00:33:32	45	79
158	Wendy Williamson		3062	FSnr	00:33:34	48	79
159	Clare Fletcher		3098	FV40	00:33:35	10	80
160	Richard Packham		3215	MV55	00:33:41	4	80
161	Anna Lipp		3211	FV45	00:33:44	13	81
162	Penny Powell	Norfolk Gazelles	3214	FV45	00:34:03	14	82
163	Jacqui Hanlon		3097	FV40	00:34:08	11	83
164	Linda Wright		3255	FSnr	00:34:21	49	84
165	Sarah Cheal		3037	FSnr	00:34:45	50	85
166	Sallie Hardman		3088	FV40	00:34:48	12	86
167	Helen Oghenegweke		3049	FSnr	00:34:49	51	87
168	Kathleen Benson		3167	FV55	00:34:52	5	88
169	Lucy Hipperson		3163	FV50	00:34:53	5	89
170	Diane Lawrence		3190	FSnr	00:35:13	52	90
171	Carla Johnson		3096	FSnr	00:35:20	53	91
172	James Trett		3257	MSnr	00:35:26	46	81
173	Tina James		3256	FSnr	00:35:27	54	92
174	Alison Lee		3003	FV50	00:35:29	6	93
175	Laura Jane Waters		3146	FSnr	00:35:51	55	94
176	Alison Clark		3056	FSnr	00:35:55	56	95
177	Joanne Dao		3245	FSnr	00:36:07	57	96
178	Heidi Leech		3099	FSnr	00:36:12	58	97
179	Hayley Jane Leech		3000	FSnr	00:36:13	59	98
180	Gillian Bewick		3074	FV45	00:36:13	15	99

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Position	Name	Club	Race Number	Category	Time	Categ Position	Gender Position
181	Ann Greig		3210	FV40	00:36:21	13	100
182	Asha James		3089	FSnr	00:36:22	60	101
183	Alison Palmer		3038	FV40	00:36:33	14	102
184	Sophie Marshall		3068	FSnr	00:37:02	61	103
185	Nigel Howes		3176	MV50	00:37:02	6	82
186	Susan Howes		3177	FV50	00:37:02	7	104
187	Graham Atter		3188	MV55	00:37:07	5	83
188	Sarah Groves		3186	FSnr	00:37:08	62	105
189	Sue Kennedy		3237	FSnr	00:37:12	63	106
190	Stephen Kennedy		3236	MV40	00:37:13	15	84
191	Laura Halls		3017	FSnr	00:37:24	64	107
192	Duncan Taylor		3189	MSnr	00:37:24	47	85
193	Julie Brown		3184	FSnr	00:37:30	65	108
194	Marie Bunting		3182	FSnr	00:38:04	66	109
195	Joshua Smith		3070	MSnr	00:38:15	48	86
196	Charlotte King		3095	FSnr	00:38:15	67	110
197	Caroline Whiting		3238	FV45	00:38:25	16	111
198	Sandhya Radhamma		3165	FSnr	00:38:50	68	112
199	Bindu Annie Jacob		3201	FSnr	00:39:16	69	113
200	Siobhan Tohill		3183	FV40	00:39:33	15	114
201	Rose Taylor		3048	FV55	00:39:40	6	115
202	Avril Clarke		3175	FV60	00:40:37	3	116
203	Tessa Julnes	Wayland Runners	3173	FV60	00:41:08	4	117
204	Kate Pitcher		3199	FV40	00:41:09	16	118
205	Suzanne Clarke		3174	FV40	00:42:00	17	119
206	Julie Beardmore		3036	FV50	00:42:27	8	120
207	Jennifer Welsh		3149	FV50	00:42:35	9	121
208	Alison Jill Wharton		3108	FV40	00:44:20	18	122
209	Alison Jane Marsh		3115	FSnr	00:44:21	70	123
210	Mini Margaret Nelson		3143	FV40	00:44:26	19	124
211	Hayley Cook	Norwich Road Runners	3033	FSnr	00:44:31	71	125
212	Suni Joseph		3055	FSnr	00:45:02	72	126
213	Patricia Hailes		3145	FV50	00:46:36	10	127
214	Eileen Faulkner		3144	FV50	00:46:38	11	128