



2010/11 Sportshall Athletics CoNAC CLUB MEMBERS

Pre-Registration Offer!

We start our Indoor Sportshall athletics at Taverham High School on September 25th

This year we are working in conjunction with the Dereham and West Norwich Schools sport partnership to offer local children the opportunity to train with our own athletes. Therefore we are expecting large numbers of young people to come to these sessions and **may** therefore have to limit the total number of athletes in each session.

In order to give our own club members the opportunity to pre-register and ensure you have a place in the session of your choice, please fill in your details below and either give the completed form to **Helen Stubbs, Mary Jubb or Julie Brand** – sportshall coordinators at a weekday training session or send to the address below before the 18th of September.

What's more the total Pre-registration up front cost of all 20 sessions will only be £25.00 (£1.20 per session) and only an additional £20 (£1 per session) for each additional family member. There are no additional entry costs on the door. CoNAC members can pay on the door at £1.50 per session, but we cannot guarantee a place on the day.

Saturday morning will be split into two training sessions:

- 09.30 – 10.45 ages 8 to 11 - as of 1st September 2010
- 10.45 – 12.00 ages 12 to 14 - as of 1st September 2010

Dates are :

Sept 25th, Oct 2nd, 9th, 23rd, 30th

Nov 13th, 20th, Dec 4th, 11th, 18th

Jan 8th, 22nd, 29th

Feb 5th, 12th, 19th, 26th, March 12th, 19th, 26th

Hand in person to one of the sportshall co-ordinators or send to:
 Julie Brand
 196 Norwich Road
 Wroxham
 Norwich
 NR12 8SA
 Cheques made payable to: City of Norwich Athletic Club

I would like to take advantage of the block booking offer for sportshall 2010/2011

Athlete's name:	Age:	Session 1 st / 2 nd *	£25
Additional Family:	Age:	Session 1 st / 2 nd *	£20
Additional Family:	Age:	Session 1 st / 2 nd *	£20
<small>*Delete as appropriate</small>			

Parents or Guardian name:
Signature:

Contact no. & e-mail address:

Sorry no refunds for unused sessions – All parents/Guardians will be required to complete a full registration form for their child, including contact details etc, prior to or at the time of their first session.

Please make cheques payable to City of Norwich Athletic Club and return before 18th September