

11th Lord Mayor's 5k City Centre Classic Saturday 15 July 2006

1	0:14:17	MILES, Mark	Belgrave Harriers	Senior Men	02:51.4	44	1
2	0:14:29	NOAD, Benjamin	Highgate Harriers	Senior Men	02:53.8	37	2
3	0:14:51	JONES, Simon	Belgrave Harriers	Senior Men	02:58.2	15	3
4	0:14:51	JANES, Matthew	Bedford and County AC	Senior Men	02:58.2	48	4
5	0:14:59	SMITH, Matt	Tipton Harriers	Senior Men	02:59.8	1	5
6	0:15:00	WILLIAMS, Martin	Tipton Harriers	Senior Men	03:00.0	51	6
7	0:15:14	MITCHELL, Ian	Tipton Harriers	Senior Men	03:02.8	45	7
8	0:15:29	AMOS, Guy	City of Norwich AC	Veteran Men	03:05.8	70	8
9	0:15:40	CLARKE, John	Newham and Essex Beagles	Senior Men	03:08.0	6	9
10	0:15:49	CANNELL, Steven	City of Norwich AC	Senior Men	03:09.8	31	10
11	0:15:51	O'NEILL, James	City of Norwich AC	Senior Men	03:10.2	17	11
12	0:15:58	PIOTROWSKI, Henryk	Tipton Harriers	Senior Men	03:11.6	54	12
13	0:16:01	LEWIS, Adam	City of Norwich AC	Senior Men	03:12.2	26	13
14	0:16:11	MERCKEL, Dan	Oxford City AC	Senior Men	03:14.2	42	14
15	0:16:15	SCOTTER, Robert	City of Norwich AC	Senior Men	03:15.0	25	15
16	0:16:35	WHITEHEAD, Andrew		Senior Men	03:19.0	22	16
17	0:16:37	COOKE, Arthur	Leeds City AC	Senior Men	03:19.4	35	17
18	0:16:38	LENTON, Tim	Norfolk Gazelles	Senior Men	03:19.6	24	18
19	0:16:43	DAGNE, Birhan	Belgrave Harriers	Ladies	03:20.6	97	19
20	0:16:48	ROBINSON, James	West Norfolk AC	Senior Men	03:21.6	47	20
21	0:16:49	BALDWIN, Steve	Norfolk Gazelles	Senior Men	03:21.8	13	21
22	0:16:58	MANN, Julian	Winchester and District AC	Senior Men	03:23.6	11	22
23	0:16:58	THOMAS, Glynn	Ipswich Harriers	Veteran Men	03:23.6	79	23
24	0:16:59	GLAYSHER, Stefan	City of Norwich AC	Veteran Men	03:23.8	80	24
25	0:17:10	WALPOLE, Andrew	Norwich Road Runners	Senior Men	03:26.0	27	25
26	0:17:14	COLLINSON, Mark	City of Norwich AC	Senior Men	03:26.8	50	26
27	0:17:15	WATERLOW, Amy	Sale Harriers	Ladies	03:27.0	99	27
28	0:17:17	DUNHAM, Glen	City of Norwich AC	Veteran Men	03:27.4	61	28
29	0:17:22	HOPKIN, Jonathan		Senior Men	03:28.4	8	29
30	0:17:23	SMITH, Paul	Norwich Road Runners	Senior Men	03:28.6	20	30
31	0:17:25	COLLINGWOOD, Paul	Askern and District AC	Senior Men	03:29.0	52	31
32	0:17:27	MILLETT, Simon	Norwich Road Runners	Senior Men	03:29.4	9	32
33	0:17:30	ALLEN, Luke	Waveney Valley AC	Senior Men	03:30.0	14	33
34	0:17:31	PIMLOTT, Chris	Waveney Valley AC	Senior Men	03:30.2	38	34
35	0:17:51	SEAMARK, Jamie	Norfolk Gazelles	Senior Men	03:34.2	34	35
36	0:17:52	CHAPMAN, Karl	Wymondham AC	Senior Men	03:34.4	29	36
37	0:17:57	LAYBOURN, Jonny	West Norfolk AC	Senior Men	03:35.4	49	37
38	0:18:08	RICHARDSON, Glen	UEA AC	Senior Men	03:37.6	41	38
39	0:18:18	WHITE, Richard	Wymondham AC	Veteran Men	03:39.6	81	39
40	0:18:19	MINISTER, David	Norwich Road Runners	Senior Men	03:39.8	3	40
41	0:18:19	PRESTON, Andrew	Wymondham AC	Veteran Men	03:39.8	69	41
42	0:18:20	GARRETT, Mark	Norwich Road Runners	Veteran Men	03:40.0	76	42
43	0:18:21	WARREN, Mark		Senior Men	03:40.2	21	43
44	0:18:21	GRAND, Adrian	Norwich Road Runners	Veteran Men	03:40.2	78	44
45	0:18:27	KENYON, Steve	Waveney Valley AC	Veteran Men	03:41.4	62	45
46	0:18:28	EPPS, Terry	Wymondham AC	Veteran Men	03:41.6	67	46
47	0:18:32	OSMONOVICH, Casey	Thetford AC	Senior Men	03:42.4	2	47
48	0:18:34	HOWE, Gary	Thetford AC	Senior Men	03:42.8	39	48
49	0:18:38	CUTTING, Andrew		Veteran Men	03:43.6	59	49
50	0:18:39	COOPER, Ian	Thetford AC	Veteran Men	03:43.8	71	50
51	0:18:41	CHAPMAN, TIM	Fenland Running AC	Veteran Men	03:44.2	74	51
52	0:18:42	WOODYATT, Paul	City of Norwich AC	Veteran Men	03:44.4	73	52
53	0:18:43	HAYES, Richard		Senior Men	03:44.6	43	53
54	0:18:45	THOMAS, Francis	Thetford AC	Senior Men	03:45.0	36	54
55	0:18:46	VAN MINDEN, Nils	Norwich Road Runners	Senior Men	03:45.2	32	55
56	0:18:46	MUFFETT, Paul		Veteran Men	03:45.2	64	56
57	0:18:48	BIRCH, James	Wymondham AC	Senior Men	03:45.6	28	57
58	0:19:00	SKIPPER, Joe	Waveney Valley AC	Senior Men	03:48.0	4	58
59	0:19:02	CHAMBERLAIN, Michael	Norwich Road Runners	Veteran Men	03:48.4	77	59
60	0:19:05	HAYNES, Mark	Coltishall Jaguars	Senior Men	03:49.0	18	60
61	0:19:07	ELLIS, Vince	City of Norwich AC	Veteran Men	03:49.4	65	61
62	0:19:11	MARTIN, Paul		Senior Men	03:50.2	5	62

63	0:19:14 O'SHEA, John	Highgate Harriers	Veteran Men	03:50.8	66	63
64	0:19:23 SCHOFIELD, Becky		Ladies	03:52.6	96	64
65	0:19:24 GREENLAND, Edward	Wyndham AC	Veteran Men	03:52.8	68	65
66	0:19:28 SEGER, Michael		Veteran Men	03:53.6	60	66
67	0:19:39 WIGHTMAN, Paul	Wyndham AC	Veteran Men	03:55.8	75	67
68	0:19:53 HIGGINS, Karl	Thetford AC	Senior Men	03:58.6	19	68
69	0:20:00 MACPHERSON, Alan		Senior Men	04:00.0	16	69
70	0:20:29 POTTER, Mark		Senior Men	04:05.8	23	70
71	0:20:33 BURTON, Edward	Wyndham AC	Veteran Men	04:06.6	82	71
72	0:20:53 REYNOLDS, Vicky	Wyndham AC	Ladies	04:10.6	98	72