

## Lord Mayor's 5k City Centre Classic - 11 July 2009

Place	Time	Name	Team	Race Age Category	Race	Place
1	0:14:25	GEELE, Moumin	Newham and Essex Beagles	Senior Men	14	1
2	0:14:48	HOPKINS, Craig	Swansea Harriers AC	Senior Men	10	2
3	0:14:50	DEED, Darren	Bedford and County AC	Senior Men	4	3
4	0:14:55	GUNBY, Matthew	Wordford Green AC	Senior Men	13	4
5	0:15:02	JONES, Simon	Belgrave Harriers	Senior Men	1	5
6	0:15:08	HENNESSY, Andrew	Wells City Harriers	Senior Men	8	6
7	0:15:15	POLLARD, Mark	Belgrave Harriers	Senior Men	12	7
8	0:15:43	SABIN, Ashley	Leicester Coritanians	Senior Men	31	8
9	0:15:54	NEILL, Stephen	Royal Air Force AA	Veteran Men	82	9
10	0:15:58	ALLEN, Luke	City of Norwich AC	Senior Men	11	10
11	0:16:04	PIKE, John	Newham and Essex Beagles	Senior Men	33	11
12	0:16:06	MOHAMMED, Jamal	Victoria Park Harriers	Senior Men	15	12
13	0:16:09	CALDERON, Lee	UEATriathlon Club	Senior Men	56	13
14	0:16:12	PALMER, Rob	Luton AC	Senior Men	7	14
15	0:16:23	KRZYWICKI, Tara	Charnwood AC	Ladies	86	15
16	0:16:23	TUDDENHAM, Robin	Serpentine Running Club	Veteran Men	84	16
17	0:16:29	MILLETT, Simon	Norwich Road Runners	Senior Men	65	17
18	0:16:30	STRATTON, Ben	City of Norwich AC	Senior Men	39	18
19	0:16:38	GRIME, Peter	Newham & Essex Beagles	Senior Men	53	19
20	0:16:47	BUNN, Andrew	Norwich Road Runners	Senior Men	5	20
21	0:16:55	CLAYTON, Sam	Colchester and Tendering AC	Senior Men	40	21
22	0:16:57	DECKER, Helen	Ipswich Jaffa RC	Ladies	97	22
23	0:16:59	COCKRELL, Steve	Fenland Running Club	Senior Men	66	23
24	0:17:03	HALE, Francis	Norwich Road Runners	Veteran Men	73	24
25	0:17:04	FRANCIS, Thomas	City of Norwich AC	Senior Men	35	25
26	0:17:09	SABIN, Craig	Leicester Coritanians	Veteran Men	69	26
27	0:17:12	HIGHAM, Paul	Norfolk Gazelles	Senior Men	38	27
28	0:17:15	ATTERWILL, Sean	City of Norwich AC	Senior Men	59	28
29	0:17:16	GILLICK, Jack	Wymondham Athletic Club	Senior Men	30	29
30	0:17:23	YAXLEY, Mick	Norfolk Gazelles	Veteran Men	26	30
31	0:17:27	AUGER, Stephen		Senior Men	34	31
32	0:17:29	BEAMISH, Mickey	City of Norwich AC	Senior Men	63	32
33	0:17:32	RICHARDSON, Tom		Senior Men	32	33
34	0:17:33	PARKER, Robin	Fenland Running Club	Veteran Men	76	34
35	0:17:34	ROBERTS, Jennie	Colchester Harriers	Ladies	93	35
36	0:17:40	HONNIBALL, Thomas		Senior Men	20	36
37	0:17:42	WATSON, Sean	City of Norwich AC	Senior Men	55	37
38	0:17:45	O'DONNELL, Brian	Bellahouston Road Runners	Senior Men	54	38
39	0:17:47	BRIGHTY, Josh	Norwich Road Runners	Senior Men	61	39
40	0:17:50	VIALLS, Tim		Veteran Men	74	40
41	0:17:51	WHITE, Michael		Senior Men	36	41
42	0:17:52	WALWYN, Olivia	City of Norwich AC	Ladies	89	42
43	0:17:54	GRINDEY, John	Leicester Coritanians	Veteran Men	29	43
44	0:17:55	MARTIN, Paul		Senior Men	52	44
45	0:17:57	HALL, Lizzy	Herts Phoenix AC	Ladies	94	45
46	0:18:00	LANGLEY, Ross	Tring RC	Senior Men	42	46
47	0:18:06	HEATH, Richard		Senior Men	37	47
48	0:18:11	MUFFETT, P J	North Norfolk Beach Runners	Veteran Men	72	48
49	0:18:17	BOOTH, Martin	Stilton Striders	Veteran Men	27	49
50	0:18:23	CHKLAR, Alexander	Woodford Green AC	Senior Men	60	50
51	0:18:27	FAUST, Stuart	Thetford AC	Senior Men	23	51
52	0:18:30	GARRETT, Mark	Norwich Road Runners	Veteran Men	78	52
53	0:18:32	HOUGHTON, Jack	North Norfolk Beach Runners	Senior Men	25	53
54	0:18:38	SULLIVAN, Paul	Norwich Road Runners	Veteran Men	70	54
55	0:18:39	HIGGINS, Jason	Thetford AC	Senior Men	57	55
56	0:18:39	SUTTON, Matthew	Great Yarmouth Road Runners	Senior Men	45	56
57	0:18:40	HARTLEY, John	Great Yarmouth Road Runners	Veteran Men	77	57
58	0:18:44	WHITE, Richard	Wymondham Athletic Club	Veteran Men	28	58
59	0:18:45	WOODYATT, Paul	City of Norwich AC	Veteran Men	79	59
60	0:18:47	RUSSELL, Ben	Norwich Road Runners	Senior Men	47	60
61	0:18:51	KENNEDY, Diana	Woodford Green AC	Ladies	96	61
62	0:18:52	WAITY, Phil	Thetford AC	Senior Men	44	62
63	0:18:53	BATES, Steve	Coltishall Jaguars	Senior Men	62	63
64	0:19:01	CATLEUGH, Hugh	Coltishall Jaguars	Senior Men	50	64
65	0:19:04	MARTIN, Adrian	Fenland Running Club	Senior Men	67	65
66	0:19:21	PHILO, Mark	Tri-Anglia	Veteran Men	71	66
67	0:19:21	KIRTON, Joseph	Thetford AC	Senior Men	43	67
68	0:19:22	THOMAS, Ian	UK Netrunner	Veteran Men	85	68
69	0:19:27	STEVENSON, Janette	Falkirk Victoria Harriers	Ladies	87	69
70	0:19:28	BARRON, Gavin	Fareham Crusaders	Senior Men	22	70
71	0:19:29	ARMSTRONG, Emily	Norwich Road Runners	Ladies	91	71
72	0:19:35	EDRIDGE, Darren	Coltishall Jaguars	Veteran Men	83	72
73	0:19:40	VOGT, Gavin		Veteran Men	75	73
74	0:19:44	MERRYWEST, Mark	Norwich Road Runners	Senior Men	21	74
75	0:19:50	JERMY, Sean	Great Yarmouth Road Runners	Senior Men	51	75
76	0:19:52	MCARDLE, Paul		Veteran Men	81	76
77	0:19:59	MANN, Elies	Norwich Road Runners	Ladies	88	77

78	0:20:00	COUSINS, Rebecca	Fenland Running Club	Ladies	90	78
79	0:20:08	HOWARD, Matt	Norwich Road Runners	Senior Men	49	79
80	0:20:09	MANN, Perry		Senior Men	41	80
81	0:20:14	DAVIES, Jane	Reading Joggers	Ladies	92	81
82	0:20:30	NEWTON, Toby		Senior Men	46	82

There were 82 finishers in the All Competitors category.